



DISCOVERING YOUR TRUE SELF

YMCA CHRISTIAN VALUES CONFERENCE
A program of the YMCA OF GREATER MONTGOMERY

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

July 14-18, 2024
YMCA Blue Ridge
Assembly
Black Mountain,
North Carolina



**Find Out
More At:**
ymcacvc.org





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WHAT YOU CAN EXPECT ON THE MOUNTAIN

For one week each summer, teens from across the United States come together at the YMCA Blue Ridge Assembly in Black Mountain, North Carolina to explore their personal values, share in spiritual fellowship, and develop new friendships. The YMCA Christian Values Conference provides an opportunity for young people to gain deeper insight into themselves while having non-stop fun during all the outrageous games, songs, activities and special events. Join us on the mountain this summer for a week of unforgettable memories!



Find This Years Theme
At:
ymcacvc.org/theme

Register At
ymcacvc.org/reg

FREE TIME ACTIVITIES

Lots of exciting activities are built into the busy schedule. One day in the week there is some free time! You can choose between hiking the mountain, frisbee, gym sports, swimming, arts and crafts, or just relaxing on the famous green rocking chairs.



FAMILY TIME

The conference is built around Family Time. Each student delegate becomes part of a "family" with a caring adult facilitator and a diverse group of other delegates from around the country. These families are carefully chosen to create the best experience possible for the week. Each year, delegates rate Family Time as one of the top experiences of the conference. Families will spend time focusing on great discussions, wild games and building lifelong friendships that give deep meaning to the closing Fire of Friendship. If this is your first year to come to CVC, you will be part of a family with other first-year delegates your age.



A TYPICAL DAY AT CVC

- 7:30 am Wake-up smiling!
- 8:15 am Breakfast
- 8:45 am Delegation Meetings
- 9:20 am Devotion
- 10:05 am Reflection Time
- 10:30 am Family Time
- 12:30 pm Lunch
- 1:30 pm Activity/Family Time
- 4:30 pm Workshops/Free Time
- 6:00 pm Dinner
- 7:00 pm Activity/Family Time
- 10:15 pm Evening Devotion
- 10:30 pm Personal Time
- 10:45 pm On your assigned hall
- 11:00 pm In your own room, lights out and quiet

DEVOTIONS

Every morning and evening there are inspiring devotions to enrich delegates' experiences. The natural setting in the Blue Ridge mountains is an ideal place for teens to come and temporarily escape from their busy worlds to spend time in reflection.

